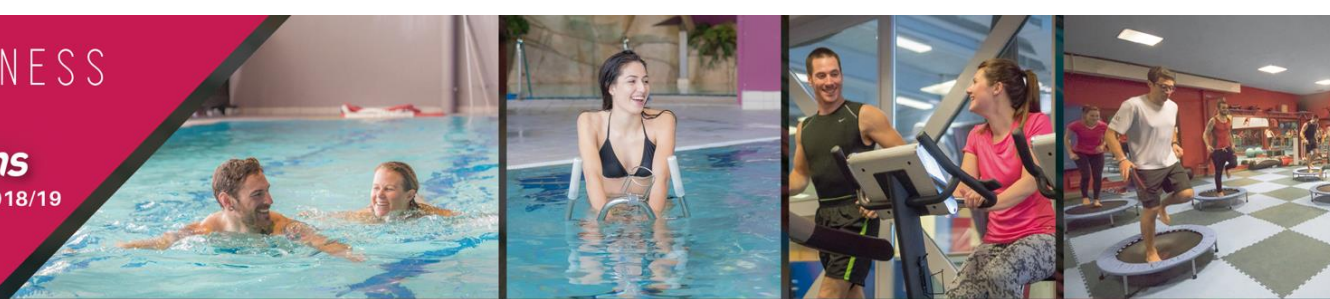




DU 5 AU 18 JANVIER 2019



SAMEDI	DIMANCHE	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI
	10h15 (45') PTIT DAUPHINS 3/5 ans	10h15 (45') AQUABIKE*	10h15 (45') AQUACIRCUIT*	10h15 (45') BB POOL 6 mois/2 ans	10h15 (45') AQUATONIC	10h15 (45') AQUAGYM
	10h30 (45') GYM DOUCE	10h30 (45') CIRCUIT EN SALLE	11h00 (45') WORLD GYM DOUCE	11h00 (45') BB NAGEURS 3/4 ans		
	11h15 (45') AQUATKIDS 6/9 ans	11h30 (45') AQUACIRCUIT*	11h30 (45') AQUABIKE*		11h30 (45') AQUABIKE*	
12h15 (30') STRETCHING		12h15 (45') CAF	12h15 (45') FIT COMBAT	12h15 (45') CAF	12h15 (45') CIRCUIT TRAINING*	12h15 (30') ABDOS FLASH
	12h30 (45') AQUABIKE*			12h30 (45') AQUABIKE*		12h15 (45') AQUABIKE*
		17h15 (45') PLYOMETRIE CIRCUIT ③				
18h30 (45') STEP ②	18h30 (45') CIRCUIT TRAINING*	18h30 (45') WORLD GYM DOUCE	18h30 (45') FIT DANCE	18h30 (45') WORLD GYM DOUCE	18h30 (30') ABDOS FLASH	18h30 (45') FIT COMBAT
19h15 (45') CAF	19h15 (30') STRETCHING	19h15 (45') CAF	19h15 (45') BODY SCULT	19h15 (45') JUMP TRAMPO*	19h15 (45') STEP ①	19h15 (45') BODY SCULT
	20h30 (45') NATATION & SAUVETAGE ADULTES	20h30 (45') AQUACIRCUIT*	20h30 (45') AQUATRAMPO*	20h15 (45') IRON CROSS*		20h15 (30') STRETCHING
20h30 (45') AQUACIRCUIT*				20h30 (1h30) AQUABIKE*	20h30 (45') AQUABIKE*	